



## **Anerkennung ausländischer Berufsqualifikationen (EU/EWR/Schweiz) als**

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# Anerkennung ausländischer Berufsqualifikationen (EU/EWR/Schweiz) als Fachpsychotherapeut/in

The profession of specialist psychotherapist is regulated in Germany. This means: You need a permit if you want to use the title "Specialist psychotherapist" for your specialisation in Berlin.

With the training as a specialist psychotherapist you have acquired an additional specialisation to your qualification as a psychotherapist abroad. To work as a psychotherapist in Germany, you first need a licence to practise or a professional permit that is valid in Germany. In order to work as a specialist psychotherapist in Germany, you must also apply for recognition of your further training as a specialist psychotherapist. With the recognition of your professional qualification, you may use the further training title for your specialisation as a specialist psychotherapist.

**Note:** You may only use the designation for your specialisation if there is a corresponding continuing education designation also in Germany. The permission will be granted by the responsible medical association in Berlin after examination of your documents and requirements.

## **Procedure:**

1. You submit your application and the required documents to the Berlin Chamber of Psychotherapists. If necessary, you will be asked to submit any missing documents.

2. The automatic recognition procedure often applies. This means that your professional qualification is recognised without an individual equivalence check. The competent body decides on the recognition of the area designation on the basis of a review of the further training success by means of a collegial expert discussion. The review is carried out by a further training/examination committee of the competent body.

3. If the conditions for mutual recognition or equivalence are not met, the competent authority will check whether your professional qualification is equivalent.

3.1. The professional qualification is equivalent if there are no significant differences between your foreign professional qualification and the German professional qualification.

**If your specialist psychotherapist qualification is recognised, you can work in the profession in Germany. You will receive a notification.**

3.2. If significant differences are found, the equivalence of your psychotherapist specialist qualification will not be certified. You will then receive notification of the differences in your professional qualifications. You can complete an aptitude test or an adjustment course to compensate for the differences.

### **Aptitude test:**

The purpose of the test is to determine whether you have acquired the special or additional knowledge and skills required for recognition.

- You will be examined orally in front of an examination board, usually for 30 minutes.
- You will then receive written notification of the result of the examination. The exam may be repeated a maximum of two times.

### **Adjustment course:**

The adaptation course is a practical post-qualification and serves to deepen knowledge and skills in diagnosing and treating mental and psychosomatic disorders with disease value in people by means of scientifically recognised psychotherapeutic procedures.

- The competent body decides on the content, duration and implementation.
- A certificate will be issued to you upon completion of the course.

**If you successfully complete the adaptation course or pass the aptitude test, you will receive permission to use the professional title "Specialist psychotherapist" for your specialisation.**

4. You can take legal action against the decision of the competent body within a certain period of time (e.g. file an objection). The decision will then be reviewed. Details on this can be found in the appeal instructions at the end of your decision. We recommend that you first talk to the competent authority before taking legal action against the decision.

## **Prerequisites**

- **License to practice medicine/ approbation**  
(<https://service.berlin.de/dienstleistung/325429/>)  
You must already have a state professional licence (Approbation) valid in Germany as a psychotherapist or a professional permit.
- **Equivalence of your professional qualification**  
(<https://service.berlin.de/dienstleistung/327859/en/>)  
If your degree is not automatically recognised, you must prove the equivalence of your professional qualification as a specialist psychotherapist.

## **Documents required**

- **Application for recognition**  
You can submit an application online or informally in writing by post.
- **Curriculum vitae**  
Curriculum vitae in tabular form with details of further education and professional experience completed
- **Proof of identity**  
Identity card or passport
- **License to practice medicine or professional permit**  
Proof of German licence to practise medicine or professional permit and proof of equivalent level of training

- **Proof of qualifications**

Continuing education certificates and certificates of professional practice

- **Declaration on previous professional recognition procedures**

Explanation of whether you have already submitted an application for recognition to another Chamber of Psychotherapists

- **German translation**

If your documents are not available in German, you must submit German translations of your documents. The translations must be done by translators who are publicly appointed or authorised.

## Fees

EUR 280,00 to EUR 500,00 depending on the effort, further fees may arise

## Legal basis

- **Weiterbildungsordnung für die Psychotherapeutinnen und Psychotherapeuten der Psychotherapeutenkammer Berlin (WBO P) § 23**

(<https://www.psychotherapeutenkammer-berlin.de/media/2365>)

- **Further Training Regulations of the Chamber of Psychological Psychotherapists and Child and Adolescent Psychotherapists in the State of Berlin § 16**

(<https://www.bing.com/ck/a?!&&p=e611c47311938e6421430d82381bb4affb048cd8f3cf02e1c2890bdb980d6180jmltdHM9MTc2NzA1MjgwMA&ptn=3&ver=2&hsh=4&fclid=0e7f5eac-c070-67af-14ed-487ec1066646&u=a1aHR0cHM6Ly93d3cucHN5Y2hvdGhlcmFwZXV0ZW5rYW1tZXItYmVybGluLmRIL3N5c3RlbS9maWxlcy9kb2N1bWVudC8yNC4wNi4yMDI1X1dCTyUyMFBQX0tKUF9TYXR6dW5nc2JlZmVobF9FTIRXVVJGlnBkZg&ntb=1>)

- **Berliner Heilberufekammergesetz (BlnHKG) § 56**

(<https://gesetze.berlin.de/bsbe/document/jlr-HeilBKGBEV11P56>)

- **Schedule of Fees (Gebührenordnung) of the Berlin Chamber of Psychotherapists**

(<https://www.psychotherapeutenkammer-berlin.de/media/399>)

- **Fee schedule (Gebührenverzeichnis) of the Berlin Chamber of Psychotherapists**

([https://www.psychotherapeutenkammer-berlin.de/system/files/geb.verzeichnis\\_25.11.2017\\_durchgeschriebene\\_textfassung.pdf](https://www.psychotherapeutenkammer-berlin.de/system/files/geb.verzeichnis_25.11.2017_durchgeschriebene_textfassung.pdf))

## Average time to process request

Usually within 4 months after receipt of the complete documents

## More information

- **Berlin Chamber of Psychotherapists**

(<https://www.psychotherapeutenkammer-berlin.de/>)

- **Information on the recognition of foreign professional qualifications on "Recognition in Germany"**

(<https://www.anererkennung-in-deutschland.de/html/en/index.php>)

- **Information on the recognition of foreign professional qualifications**

### **(BQ-Portal)**

(<https://www.bq-portal.de/en>)

- **Financial assistance in the recognition procedure (recognition in Germany)**  
(<https://www.anererkennung-in-deutschland.de/html/en/financial-support.php>)
- **Öffentlich bestellte Übersetzerinnen und Übersetzer in Deutschland**  
(<https://www.justiz-dolmetscher.de/Recherche/en/>)
- **Information on the Point of Single Contact Berlin**  
(<https://www.berlin.de/ea/en/>)

### **Average time to process request**

<https://www.ea.berlin.de/intelliform/forms/eu-dlr-ng/Berlin/Berufsanerkennung/index?AnliegenID=349965>

### **Notes on responsibility**

The application for recognition of a foreign professional qualification as a specialist psychotherapist must be submitted to the Berlin Chamber of Psychotherapists.